Transcript: 5 Perennials to Plant Once that will Feed You Forever…

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**[00:00:00]** today me and tuck are going to   
share with you five perennials you

**[00:00:03]** only have to plant once and will   
be able to harvest forever let's

**[00:00:07]** go the first perennial that will feed you for   
life is asparagus this is the first perennial

**[00:00:17]** spring crop that I harvest and once I see them   
popping out of the ground like you can see here

**[00:00:22]** it always motivates me to get out in the garden   
more homegrown asparagus taste nothing like

**[00:00:27]** store-bought ones homegrown ones are so so tender   
and so sweet that I eat them raw fresh out of the

**[00:00:33]** garden they aren't stringy at all and they're   
so juicy liquid drips out of the bottom of them

**[00:00:39]** after you harvest if you don't already have an   
asparagus patch growing I suggest you get one

**[00:00:44]** planted now tuck is sitting on the outside because   
once these young asparagus start to pop out of the

**[00:00:51]** ground this guy comes and snatches them right up   
they're one of his favorite snacks to grab fresh

**[00:00:55]** out of the garden the quickest and easiest way   
to get a patch going is to purchase one-year-old

**[00:01:00]** crowns when planting the crown you should dig a   
trench 12 in wide and 6 to 8 in deep then you want

**[00:01:08]** to make a small mound in the bottom of the trench   
and put the crown on top this will help you spread

**[00:01:13]** out the draping roots of the asparagus plant and   
encourage them to not tangle themselves up next

**[00:01:19]** cover the crown with 2 in of soil and water it in   
in 2 weeks add another 2 in of soil and continue

**[00:01:25]** to follow the same process until you're back at   
the same soil level you started with planting is

**[00:01:29]** asparagus from crowns or the root will save you   
a year of time but planting asparagus from seed

**[00:01:35]** will give you a major advantage asparagus plants   
are either male or female and the males tend to

**[00:01:41]** be more productive because the females waste   
a lot of their growth energy on the production

**[00:01:45]** of seeds instead of solely on the production of   
Spears I harvested seed from my asparagus plants

**[00:01:51]** last year this year I planted them and now I have   
young asparagus plants growing if you plant your

**[00:01:57]** asparagus from seed what you can do is identify   
the females when they're young you can see when

**[00:02:02]** they start to flower we don't have any flowering   
just yet but if they start to flower we will know

**[00:02:07]** that it's a female and we'll remove it we won't   
plant it out into the garden this way the only

**[00:02:12]** asparagus that we plant into our patch are males   
this will ensure that our patch is much higher

**[00:02:18]** yielding the next perennial that will feed you for   
life are strawberries one of our patches is just

**[00:02:24]** starting to wake up going out on a beautiful   
spring day and grabbing a fresh bucket of

**[00:02:29]** strawberries is about as close to Paradise as   
you will get on this Earth in my opinion some

**[00:02:34]** varieties that you can grow at home are nothing   
like the ones from the store they're incredibly

**[00:02:39]** sweet immensely Juicy and addictingly Delicious I   
suggest you get your Strawberry Patch started by

**[00:02:45]** planting bare root strawberries you can get some   
great varieties this year I'm adding some albion

**[00:02:51]** strawberries and the strawberries behind me are   
my favorite variety that I've ever planted these

**[00:02:56]** ones are the Shuksan strawberries around here   
in zone 7A spring is the best time to get your

**[00:03:02]** strawberries planted strawberries do best when   
they're in full sun and they'll grow well in most

**[00:03:07]** soils they also grow fantastic in containers   
so if you don't have a lot of space that's no

**[00:03:13]** problem when planting strawberries I suggest   
soaking the plants in water as you're planting

**[00:03:17]** them out this allows the roots to rehydrate a bit   
before planting a good technique when planting is

**[00:03:23]** to dig a hole then make a mound in the center and   
place the strawberry crown on that mound to allow

**[00:03:29]** the roots to drape off the sides and spread out in   
all directions also when planting be very careful

**[00:03:35]** not to bury the crown of the strawberry plant   
because this is where the leaves will unfold from

**[00:03:40]** when you're young newly planted strawberry starts   
first flower even though it's going to be hard

**[00:03:45]** I suggest that you remove those flowers this way   
your young plants don't Focus all of their energy

**[00:03:50]** on the production of small berries instead they   
can focus on becoming strong established plants

**[00:03:55]** that feed you forever I have another suggestion   
that you plant some strawberries underneath your

**[00:04:01]** fruit trees if you have some fruit trees I found   
this to be a relatively symbiotic relationship

**[00:04:06]** where the strawberries act as like a living Mulch   
and you can get a harvest from them and you can

**[00:04:11]** see up here we'll still have a fruit tree growing   
this apple tree can kick out a bunch of apples so

**[00:04:17]** it's like you're getting double the yield in   
the same location me and Tuck want to take a

**[00:04:21]** quick second to show you our Tower Gardens how   
well everything is growing in them and we love

**[00:04:26]** them so much we want to give one away to one of   
you all you have have to do is guess a number

**[00:04:30]** between 1 and 500 and send it to the email   
address right here hello te. Us in the subject

**[00:04:37]** line put tuck and then the number that you guess   
in next week's video on Saturday we're going to

**[00:04:42]** announce the winner we're just going to put it in   
a random number generator if two people guess the

**[00:04:46]** same number and that's a number that wins it's   
going to be whoever submitted it first so send

**[00:04:51]** an email guess a number and have your chance to   
win a tower garden so you can grow food in your

**[00:04:55]** backyard on your patio or even in your Greenhouse   
another perennial crop that will feed you for life

**[00:05:01]** are brambles brambles like raspberries which you   
see right here and blackberries which are behind

**[00:05:06]** me are some of my favorite crops they're easy   
to grow and there's a bunch of different kinds

**[00:05:11]** like fall bearing raspberries summer bearing   
raspberries blackberries purple raspberries

**[00:05:17]** they're all delicious and quite nutritious   
brambles grow like weeds so just keep the area

**[00:05:24]** weed free and your plants will thrive an important   
thing about brambles is knowing how to prune them

**[00:05:32]** to make sure you get the largest Harvest possible   
for most brambles like summer bearing raspberries

**[00:05:38]** or blackberries would you see right here they   
fruit on 2-year-old canes and most of the fruit

**[00:05:43]** is on lateral branches so you'll notice my   
blackberries I cut them down to about 4 ft

**[00:05:48]** or so and then encourage a lot of side branching   
because this is where most of the fruit will be

**[00:05:52]** fall raspberries you can cut to the ground after   
they fruit and new canes will shoot up and be

**[00:05:57]** loaded with fruit in the early fall if you don't   
have some brambles planted I suggest you start

**[00:06:02]** with some fall bearing raspberries the yellow ones   
are my favorite the fall gold and the yellow an

**[00:06:08]** in my opinion are the best tasting varieties out   
there plus raspberries will grow great in a pot

**[00:06:14]** so if you don't have a lot of space and maybe   
only space for a patio Garden brambles will be

**[00:06:18]** a great addition the next perennial that you need   
to plan that will feed you for life are perennial

**[00:06:23]** herbs like oregano Thyme and rosemary I put this   
oregano plant in the ground about 5 to 7 years ago

**[00:06:31]** every year it gets bigger and bigger and I've   
barely done a thing for it the only thing that

**[00:06:36]** I do is in late fall or early spring I'll come   
out here and just prune back these flower stalks

**[00:06:43]** just like this besides that the only thing I do is   
Harvest from it not only does it provide me with

**[00:06:50]** fresh oregano but it also brings in an incredible   
amount of pollinators when it's flowering and the

**[00:06:56]** whole plant just looks absolutely beautiful I even   
an herb like Rosemary wants and can get years and

**[00:07:02]** years of production out of it even though it's   
a bit intolerant to how cold it gets around here

**[00:07:07]** what I do is I grow my Rosemary in the garden   
then when the cold weather starts to set in I

**[00:07:12]** dig up my Rosemary and plant it in a pot that   
move it into my Greenhouse or in my house this

**[00:07:18]** allows me to grow it all year long and if I want I   
can pop it back into the ground in the spring mint

**[00:07:25]** is another herb that you can plant once that will   
feed you for life but it can spread bread a little

**[00:07:30]** bit too much in a garden and become invasive if   
you want to plant mint I suggest that you plant

**[00:07:35]** it in a pot if you don't plant it in a pot and   
you plant it in the garden before you know it

**[00:07:39]** your garden might primarily become a mint Garden   
there's a number of other herbs you can plant

**[00:07:44]** like lemon bomb that are easy to grow and will   
add flavor to your dishes for the rest of your

**[00:07:50]** life the fifth perennial that will feed you for   
life is one that I can't live without I'm talking

**[00:07:55]** about blueberries blueberries are hands down my   
favorite fresh crop to eat from the garden there's

**[00:08:02]** nothing like grabbing a handful of them and the   
pink lemonade blueberries have become my alltime

**[00:08:07]** favorite blueberry incredible color sweet flavor   
there's nothing like it right below us here you'll

**[00:08:14]** notice we've got the boss protecting one of our   
perennials that will last for life this guy's just

**[00:08:20]** relaxing it might look like he's not doing much   
but he's surveying he's making sure nothing sneaks

**[00:08:25]** in and he loves watching out in the garden if   
you love seeing talk the videos spam some hearts

**[00:08:32]** down low he never quits he's always out here he's   
always got our back and he's not a big fan of the

**[00:08:38]** strawberries which I'm super happy about I get to   
eat all those but when it comes to the carrots the

**[00:08:42]** peas and the green beans this guy is all over them   
blueberries like growing in a soil that's acidic

**[00:08:48]** so when planting it's a good idea to mix in some   
Pete Moss or some pine needles to bring the PH

**[00:08:53]** down to a level where blueberries will Thrive if   
you have super alkaline soil it might not be worth

**[00:08:59]** it to plant blueberries into the ground but they   
grow fantastic in containers just make sure if you

**[00:09:04]** plant blueberries especially in containers that   
you plant two different cultivars because they're

**[00:09:08]** not self fertile something I suggest you try is   
even in a container plant two different varieties

**[00:09:15]** of blueberries in the same spot I plant my   
blueberries in the ground but these ones they're

**[00:09:20]** two different varieties they're planted right next   
to each other and they are both thriving I live in

**[00:09:25]** New Jersey and this is an ideal location to grow   
blueberries they actually grow wild in some of the

**[00:09:30]** forests just local to me when planting blueberries   
I suggest you plant 2 to three-year-old plants

**[00:09:37]** because blueberries usually take about 6 to 8   
years until they reach full production there

**[00:09:42]** are a number of additional penals that will feed   
you for life a bunch of them are fruit trees like

**[00:09:47]** this one right here a pear tree this thing   
was loaded with fruit last year but I wanted

**[00:09:51]** to stick with perennials that most people could   
plant in their Garden even if they don't have a

**[00:09:55]** lot of space and a number of the ones that I share   
with you you could just grow those in pots there

**[00:10:00]** are additional pules too that I didn't feel like   
were worth mentioning one of them are sun chokes

**[00:10:06]** some people like saying that sun chokes are great   
that you should plant them in the garden but in my

**[00:10:10]** opinion they are not worth it they are a perennial   
that will probably grow forever but it will end up

**[00:10:15]** being something that you probably don't want they   
do not taste anything like potatoes even though

**[00:10:20]** some people say they will I'd rather just plant   
potatoes every year rather than have Sun chokes

**[00:10:26]** sometimes called Jerusalem artichokes in the   
garden it's it's just not worth it in my opinion

**[00:10:31]** they also can become invasive so I think that   
there's sometimes a reason rare plants are rare

**[00:10:37]** that's today's video Growers thanks for watching   
we hope you enjoyed it we hope you got something

**[00:10:41]** out of it me and Tuck had a blast out here the   
weather is really starting to get nicer uh we

**[00:10:46]** have most of our beds all F filled but not all of   
them it's just so many additional stuff we put in

**[00:10:52]** the garden this year it's so exciting we already   
got some things planted and uh we can't get ready

**[00:10:58]** we can't wait to get to the Harvest is not going   
to be far from here we had such a good time and

**[00:11:03]** we hope we brought you guys some value and we   
hope that you plant some of these perennials in

**[00:11:07]** your garden and that you start to focus more on   
a perennial mindset instead of just on an annual

**[00:11:13]** mindset it's great to grow annuals but it's even   
better to grow annuals and have perennials in the

**[00:11:18]** background always producing and working so they   
can just continue to feed you like I said for

**[00:11:24]** the rest of your life I mean these blueberries   
should last 40 I don't know 50 60 years I would

**[00:11:31]** assume but they're going to last such a long   
time so it's nice to get something in here

**[00:11:34]** that not only you have to take care of but that   
can also take care of you me and Tuck wanted to

**[00:11:39]** mention a thank you to one of our new channel me   
channel members Crystal Johnson thanks for being

**[00:11:45]** a part of Team grow thanks for having your hand   
in everything we're doing out here tuck the young

**[00:11:51]** boss the young king the inspiration for the garden   
and James we be back at you again real soon we

**[00:11:59]** out

# Full Text (without timestamps)

today me and tuck are going to   
share with you five perennials you   only have to plant once and will   
be able to harvest forever let's go the first perennial that will feed you for   
life is asparagus this is the first perennial   spring crop that I harvest and once I see them   
popping out of the ground like you can see here   it always motivates me to get out in the garden   
more homegrown asparagus taste nothing like   store-bought ones homegrown ones are so so tender   
and so sweet that I eat them raw fresh out of the   garden they aren't stringy at all and they're   
so juicy liquid drips out of the bottom of them   after you harvest if you don't already have an   
asparagus patch growing I suggest you get one   planted now tuck is sitting on the outside because   
once these young asparagus start to pop out of the   ground this guy comes and snatches them right up   
they're one of his favorite snacks to grab fresh   out of the garden the quickest and easiest way   
to get a patch going is to purchase one-year-old   crowns when planting the crown you should dig a   
trench 12 in wide and 6 to 8 in deep then you want   to make a small mound in the bottom of the trench   
and put the crown on top this will help you spread   out the draping roots of the asparagus plant and   
encourage them to not tangle themselves up next   cover the crown with 2 in of soil and water it in   
in 2 weeks add another 2 in of soil and continue   to follow the same process until you're back at   
the same soil level you started with planting is   asparagus from crowns or the root will save you   
a year of time but planting asparagus from seed   will give you a major advantage asparagus plants   
are either male or female and the males tend to   be more productive because the females waste   
a lot of their growth energy on the production   of seeds instead of solely on the production of   
Spears I harvested seed from my asparagus plants   last year this year I planted them and now I have   
young asparagus plants growing if you plant your   asparagus from seed what you can do is identify   
the females when they're young you can see when   they start to flower we don't have any flowering   
just yet but if they start to flower we will know   that it's a female and we'll remove it we won't   
plant it out into the garden this way the only   asparagus that we plant into our patch are males   
this will ensure that our patch is much higher   yielding the next perennial that will feed you for   
life are strawberries one of our patches is just   starting to wake up going out on a beautiful   
spring day and grabbing a fresh bucket of   strawberries is about as close to Paradise as   
you will get on this Earth in my opinion some   varieties that you can grow at home are nothing   
like the ones from the store they're incredibly   sweet immensely Juicy and addictingly Delicious I   
suggest you get your Strawberry Patch started by   planting bare root strawberries you can get some   
great varieties this year I'm adding some albion   strawberries and the strawberries behind me are   
my favorite variety that I've ever planted these   ones are the Shuksan strawberries around here   
in zone 7A spring is the best time to get your   strawberries planted strawberries do best when   
they're in full sun and they'll grow well in most   soils they also grow fantastic in containers   
so if you don't have a lot of space that's no   problem when planting strawberries I suggest   
soaking the plants in water as you're planting   them out this allows the roots to rehydrate a bit   
before planting a good technique when planting is   to dig a hole then make a mound in the center and   
place the strawberry crown on that mound to allow   the roots to drape off the sides and spread out in   
all directions also when planting be very careful   not to bury the crown of the strawberry plant   
because this is where the leaves will unfold from   when you're young newly planted strawberry starts   
first flower even though it's going to be hard   I suggest that you remove those flowers this way   
your young plants don't Focus all of their energy   on the production of small berries instead they   
can focus on becoming strong established plants   that feed you forever I have another suggestion   
that you plant some strawberries underneath your   fruit trees if you have some fruit trees I found   
this to be a relatively symbiotic relationship   where the strawberries act as like a living Mulch   
and you can get a harvest from them and you can   see up here we'll still have a fruit tree growing   
this apple tree can kick out a bunch of apples so   it's like you're getting double the yield in   
the same location me and Tuck want to take a   quick second to show you our Tower Gardens how   
well everything is growing in them and we love   them so much we want to give one away to one of   
you all you have have to do is guess a number   between 1 and 500 and send it to the email   
address right here hello te. Us in the subject   line put tuck and then the number that you guess   
in next week's video on Saturday we're going to   announce the winner we're just going to put it in   
a random number generator if two people guess the   same number and that's a number that wins it's   
going to be whoever submitted it first so send   an email guess a number and have your chance to   
win a tower garden so you can grow food in your   backyard on your patio or even in your Greenhouse   
another perennial crop that will feed you for life   are brambles brambles like raspberries which you   
see right here and blackberries which are behind   me are some of my favorite crops they're easy   
to grow and there's a bunch of different kinds   like fall bearing raspberries summer bearing   
raspberries blackberries purple raspberries   they're all delicious and quite nutritious   
brambles grow like weeds so just keep the area   weed free and your plants will thrive an important   
thing about brambles is knowing how to prune them   to make sure you get the largest Harvest possible   
for most brambles like summer bearing raspberries   or blackberries would you see right here they   
fruit on 2-year-old canes and most of the fruit   is on lateral branches so you'll notice my   
blackberries I cut them down to about 4 ft   or so and then encourage a lot of side branching   
because this is where most of the fruit will be   fall raspberries you can cut to the ground after   
they fruit and new canes will shoot up and be   loaded with fruit in the early fall if you don't   
have some brambles planted I suggest you start   with some fall bearing raspberries the yellow ones   
are my favorite the fall gold and the yellow an   in my opinion are the best tasting varieties out   
there plus raspberries will grow great in a pot   so if you don't have a lot of space and maybe   
only space for a patio Garden brambles will be   a great addition the next perennial that you need   
to plan that will feed you for life are perennial   herbs like oregano Thyme and rosemary I put this   
oregano plant in the ground about 5 to 7 years ago   every year it gets bigger and bigger and I've   
barely done a thing for it the only thing that   I do is in late fall or early spring I'll come   
out here and just prune back these flower stalks   just like this besides that the only thing I do is   
Harvest from it not only does it provide me with   fresh oregano but it also brings in an incredible   
amount of pollinators when it's flowering and the   whole plant just looks absolutely beautiful I even   
an herb like Rosemary wants and can get years and   years of production out of it even though it's   
a bit intolerant to how cold it gets around here   what I do is I grow my Rosemary in the garden   
then when the cold weather starts to set in I   dig up my Rosemary and plant it in a pot that   
move it into my Greenhouse or in my house this   allows me to grow it all year long and if I want I   
can pop it back into the ground in the spring mint   is another herb that you can plant once that will   
feed you for life but it can spread bread a little   bit too much in a garden and become invasive if   
you want to plant mint I suggest that you plant   it in a pot if you don't plant it in a pot and   
you plant it in the garden before you know it   your garden might primarily become a mint Garden   
there's a number of other herbs you can plant   like lemon bomb that are easy to grow and will   
add flavor to your dishes for the rest of your   life the fifth perennial that will feed you for   
life is one that I can't live without I'm talking   about blueberries blueberries are hands down my   
favorite fresh crop to eat from the garden there's   nothing like grabbing a handful of them and the   
pink lemonade blueberries have become my alltime   favorite blueberry incredible color sweet flavor   
there's nothing like it right below us here you'll   notice we've got the boss protecting one of our   
perennials that will last for life this guy's just   relaxing it might look like he's not doing much   
but he's surveying he's making sure nothing sneaks   in and he loves watching out in the garden if   
you love seeing talk the videos spam some hearts   down low he never quits he's always out here he's   
always got our back and he's not a big fan of the   strawberries which I'm super happy about I get to   
eat all those but when it comes to the carrots the   peas and the green beans this guy is all over them   
blueberries like growing in a soil that's acidic   so when planting it's a good idea to mix in some   
Pete Moss or some pine needles to bring the PH   down to a level where blueberries will Thrive if   
you have super alkaline soil it might not be worth   it to plant blueberries into the ground but they   
grow fantastic in containers just make sure if you   plant blueberries especially in containers that   
you plant two different cultivars because they're   not self fertile something I suggest you try is   
even in a container plant two different varieties   of blueberries in the same spot I plant my   
blueberries in the ground but these ones they're   two different varieties they're planted right next   
to each other and they are both thriving I live in   New Jersey and this is an ideal location to grow   
blueberries they actually grow wild in some of the   forests just local to me when planting blueberries   
I suggest you plant 2 to three-year-old plants   because blueberries usually take about 6 to 8   
years until they reach full production there   are a number of additional penals that will feed   
you for life a bunch of them are fruit trees like   this one right here a pear tree this thing   
was loaded with fruit last year but I wanted   to stick with perennials that most people could   
plant in their Garden even if they don't have a   lot of space and a number of the ones that I share   
with you you could just grow those in pots there   are additional pules too that I didn't feel like   
were worth mentioning one of them are sun chokes   some people like saying that sun chokes are great   
that you should plant them in the garden but in my   opinion they are not worth it they are a perennial   
that will probably grow forever but it will end up   being something that you probably don't want they   
do not taste anything like potatoes even though   some people say they will I'd rather just plant   
potatoes every year rather than have Sun chokes   sometimes called Jerusalem artichokes in the   
garden it's it's just not worth it in my opinion   they also can become invasive so I think that   
there's sometimes a reason rare plants are rare   that's today's video Growers thanks for watching   
we hope you enjoyed it we hope you got something   out of it me and Tuck had a blast out here the   
weather is really starting to get nicer uh we   have most of our beds all F filled but not all of   
them it's just so many additional stuff we put in   the garden this year it's so exciting we already   
got some things planted and uh we can't get ready   we can't wait to get to the Harvest is not going   
to be far from here we had such a good time and   we hope we brought you guys some value and we   
hope that you plant some of these perennials in   your garden and that you start to focus more on   
a perennial mindset instead of just on an annual   mindset it's great to grow annuals but it's even   
better to grow annuals and have perennials in the   background always producing and working so they   
can just continue to feed you like I said for   the rest of your life I mean these blueberries   
should last 40 I don't know 50 60 years I would   assume but they're going to last such a long   
time so it's nice to get something in here   that not only you have to take care of but that   
can also take care of you me and Tuck wanted to   mention a thank you to one of our new channel me   
channel members Crystal Johnson thanks for being   a part of Team grow thanks for having your hand   
in everything we're doing out here tuck the young   boss the young king the inspiration for the garden   
and James we be back at you again real soon we out